

# North Branford High School

## Captain's Pledge



I, \_\_\_\_\_, realize the honor that goes along with the many responsibilities involved in serving as Captain for the sport of \_\_\_\_\_. I will lead by example both on and off the field, before the season starts, during the season, and after the season has been completed. I am very proud that I have been selected to serve in this capacity. I will remain drug and alcohol free and do my best to ensure that all of my teammates are doing the same. I realize that I need to work closely with the coaching staff in order to help make our season successful. I will always treat my teammates with respect and give them extra help when necessary. My character, honesty, and integrity will reveal that I am worthy of this honor.

I, \_\_\_\_\_, agree to all of the above and pledge to uphold this philosophy and live by these guidelines. I know that I must resign as captain if I fail to live up to these expectations.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_